



2ND NEWSLETTER



PROJECT FOCUS

- Smart home automation can help older adults to simplify processes in their households.
- This project will focus on enhancing seniors' level of readiness to embrace such solutions, understanding and building them.
- We will support and guide seniors of 55+ years of age having basic ICT skills into the world of DIY smart home solutions, helping them acquire the skills and knowledge that is needed for an autonomous handling of smart home devices.

WHAT IS A SMARTHOME

"a residence equipped with a high-tech network, linking sensors and domestic devices, appliances, and features that can be remotely monitored, accessed or controlled, providing services that respond to the needs of its inhabitants"

Balta-Ozkan, Davidson, Bicket & Whitmarsh, 2013, 364)

USUALLY APPLICATIONS

- to security (cameras, locks),
- entertainment (television, voice assistants),
- energy efficiency (through optimal electricity consumption),
- comfort (windows and blinds managed automatically)
- health support (devices that monitor the health conditions of the user, allowing information to be shared with doctors and/or family members)